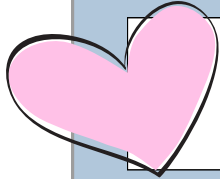


# KINDNESS challenge



Challenge yourself to four random acts of kindness this week.  
Write them below:

1.

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2.

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3.

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4.

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Reflection

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