

# Random Acts of KINDNESS



# BINGO



Try to complete as many tasks as possible. Remember that the goal is not to win a prize, but to learn the importance of spreading kindness and love to others, even after the game is over.

Hold the door  
open for  
someone.

Give a  
compliment  
to a friend.

Pick up trash  
in a public  
space.

Share a snack  
with a friend.

Write a thank-  
you note to  
someone

Help a  
neighbour  
with a small  
task.

Give a hug to  
a family  
member.

Leave a kind  
note for  
someone to  
find.

Donate a  
toy or  
clothes to a  
charity.

# Random Acts of **KINDNESS**



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Fill in the spaces below with random acts of kindness, try to complete as many tasks as possible. Remember that the goal is not to win a prize, but to learn the importance of spreading kindness and love to others, even after the game is over.
