My Name Begins With...

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Alphabet, Name Recognition & Creative Exploration Activity

This fun and engaging early literacy activity encourages children to explore the alphabet while learning to recognize the first letter of their name. Using printable alphabet sheets, children can decorate and explore letters through a variety of hands-on materials and creative experiences.

This activity can easily be adapted to suit different ages, developmental stages, abilities, and interests, allowing each child to participate in their own unique way.

Learning Opportunities & Developmental Outcomes

Early Literacy: Letter recognition, name recognition, and letter sounds.
Fine Motor Skills: Strengthening hand muscles through sticking, colouring, painting, and grasping.
Cognitive Development: Sorting, matching, counting, recognizing colours, and creating patterns.
Social & Emotional Development: Building confidence, independence, and a sense of identity.
Creativity & Sensory Exploration: Exploring different materials, textures, and ways to express creativity.

Different Ways to Explore This Activity

1. Dot Stickers

Use colourful dot stickers to fill in or outline letters.

Practice colours, patterns, and fine motor skills.

2. Painting & Bingo Dabbers

Use finger paints, bingo dabbers, or cotton swabs to decorate letters.

Explore colours, creativity, and hand-eye coordination.

3. Loose Parts

Use pom-poms, buttons, or other age-appropriate materials to outline letters.

Practice sorting, counting, and colour recognition.

4. Playdough

Roll and shape playdough to form letters.

Strengthen hand muscles and explore shapes.

5. Nature Materials

Decorate letters using leaves, flowers, or other natural materials.

Explore textures, colours, and nature.

6. Colouring & Crafts

Use crayons, markers, tissue paper, or other craft materials.

Encourage creativity and self-expression.

7. Letter Recognition

Talk about letters and the sounds they make.

Find other words or names that start with the same letter.

Extending the Learning

You can display children's completed letters in the playroom, create a group alphabet wall, or put together individual name books. Children can also search for the letters in their names during story time, outdoor walks, or everyday routines.

Tip: Focus on the experience rather than the finished product! Children may choose to decorate their letters in different ways, and that's okay. The goal is to encourage exploration, creativity, and positive early literacy experiences.

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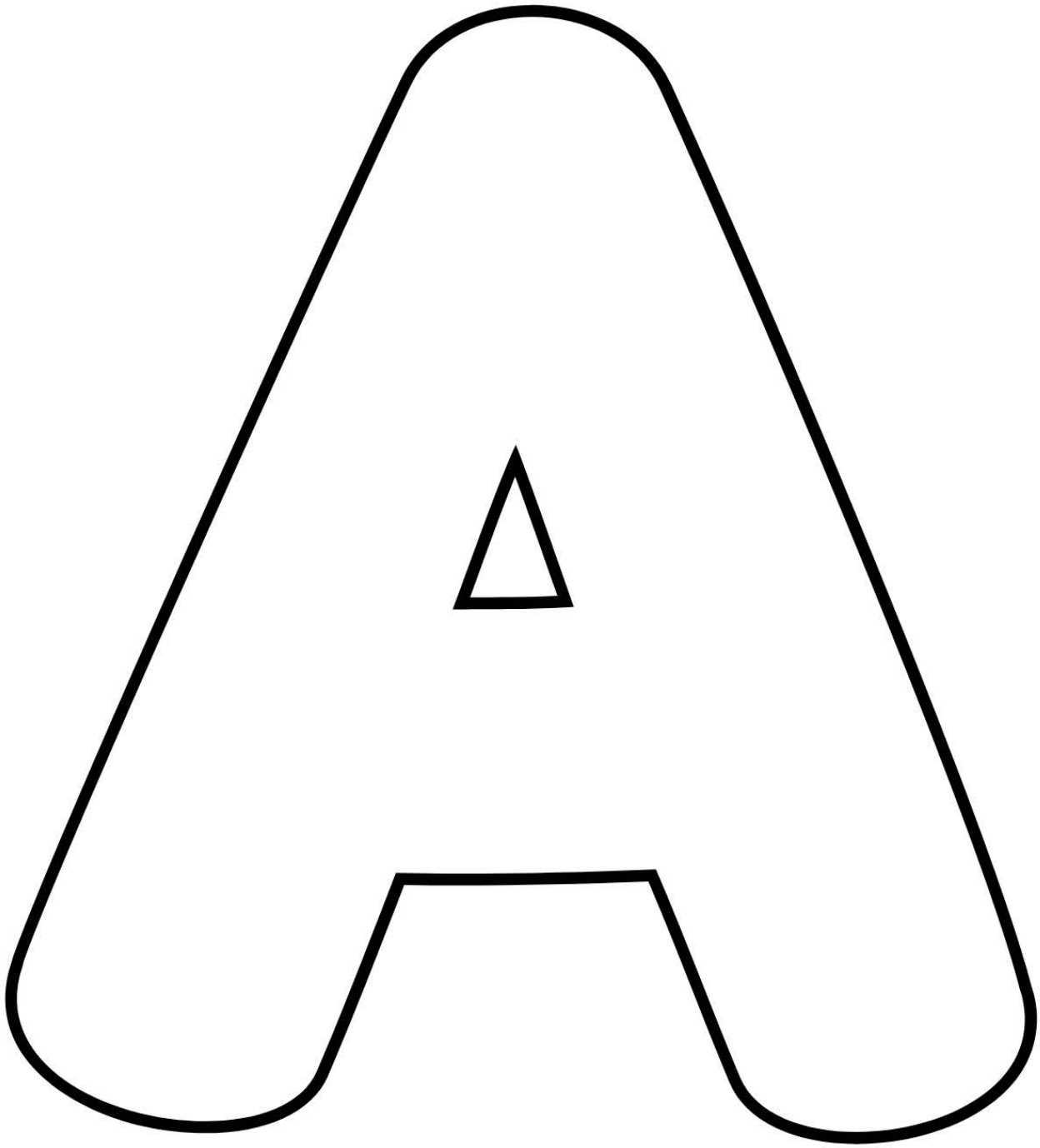

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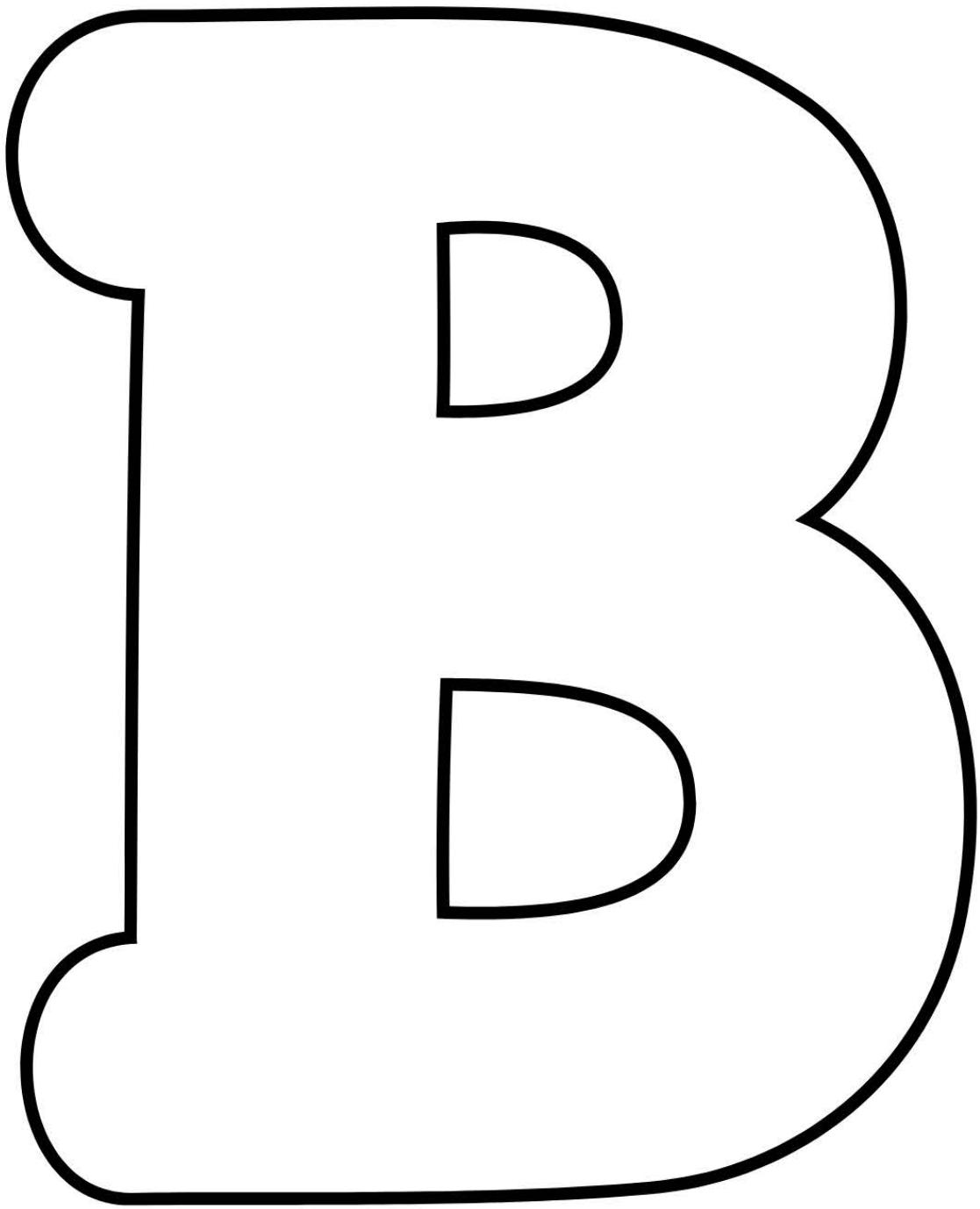

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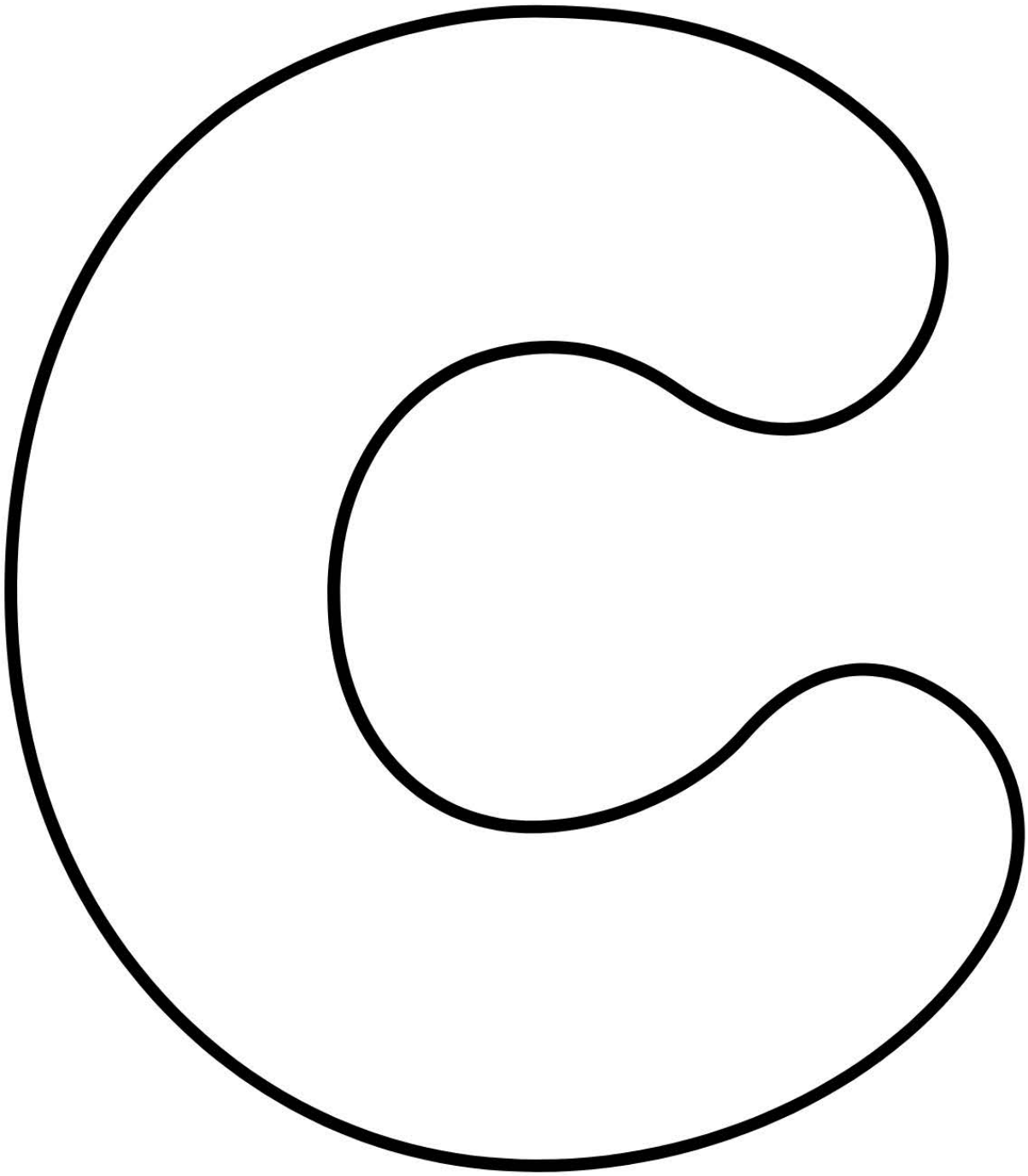

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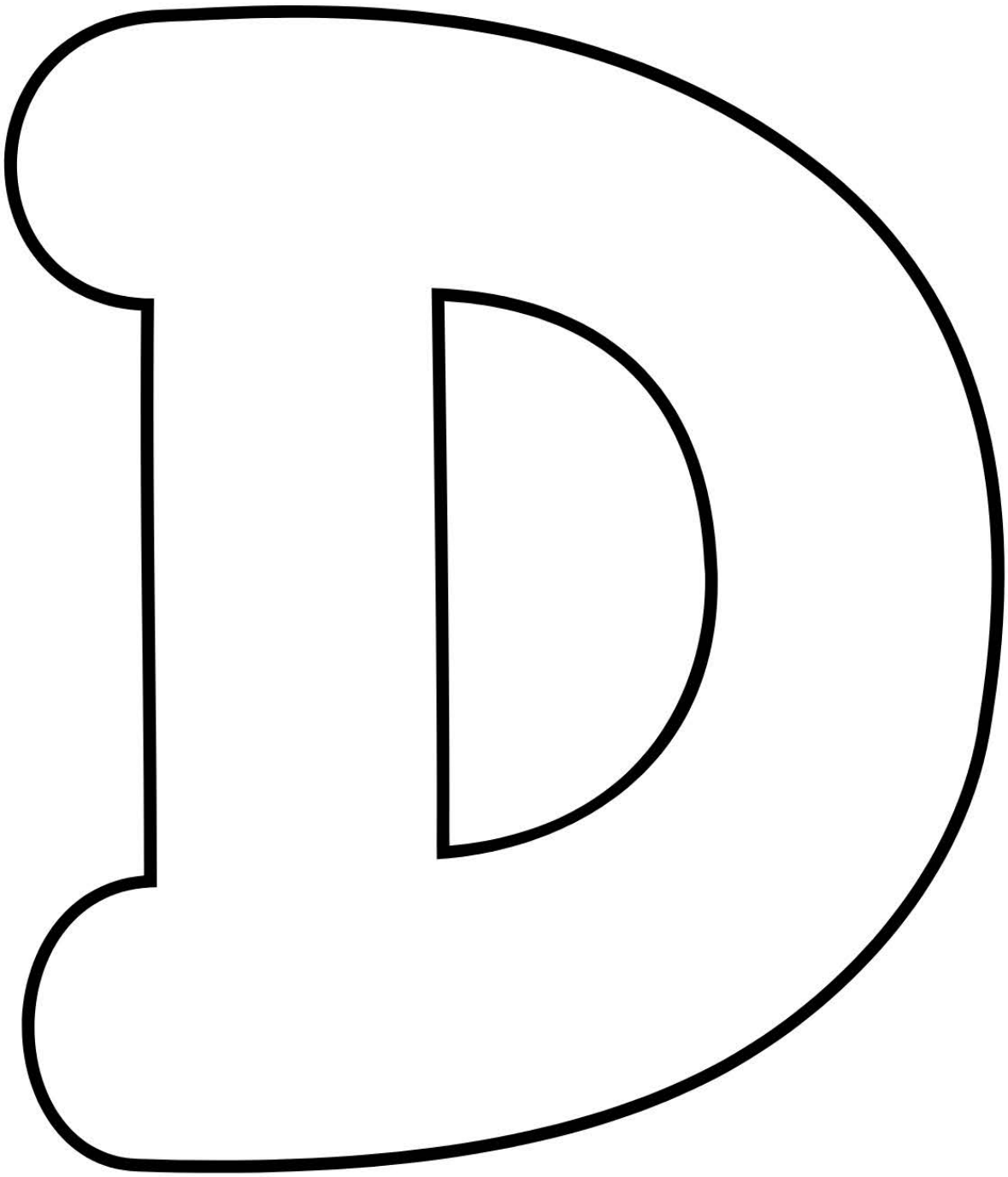

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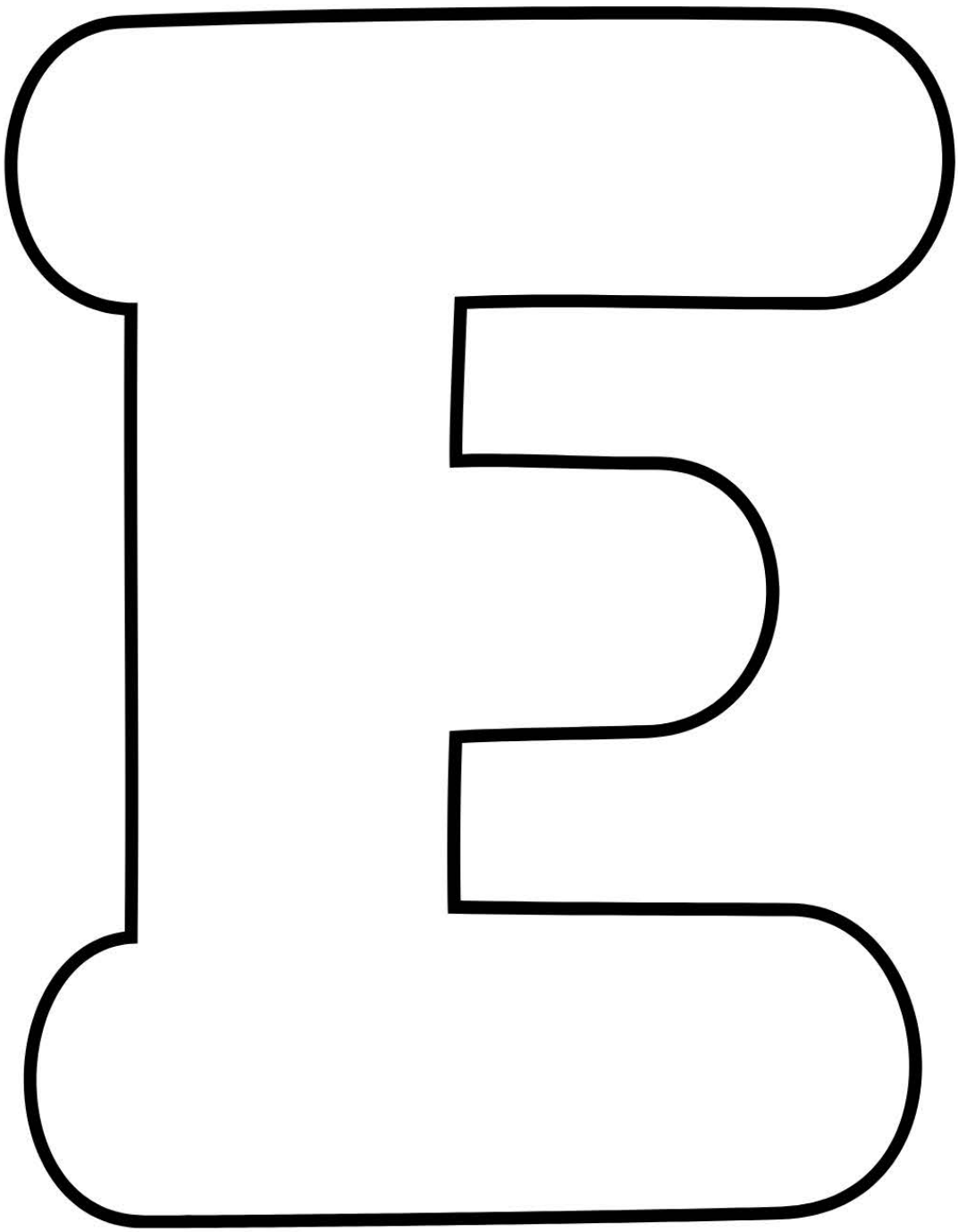

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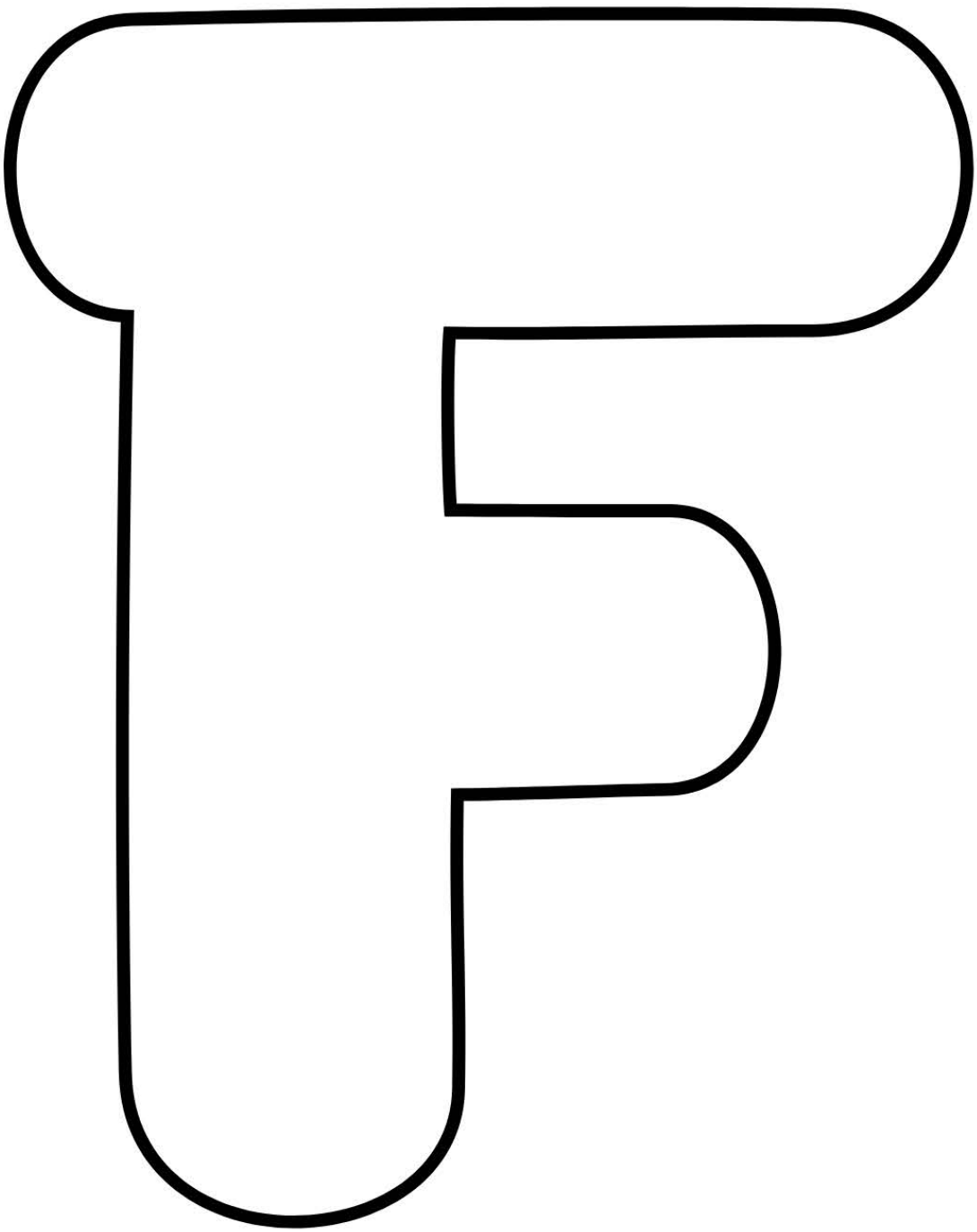

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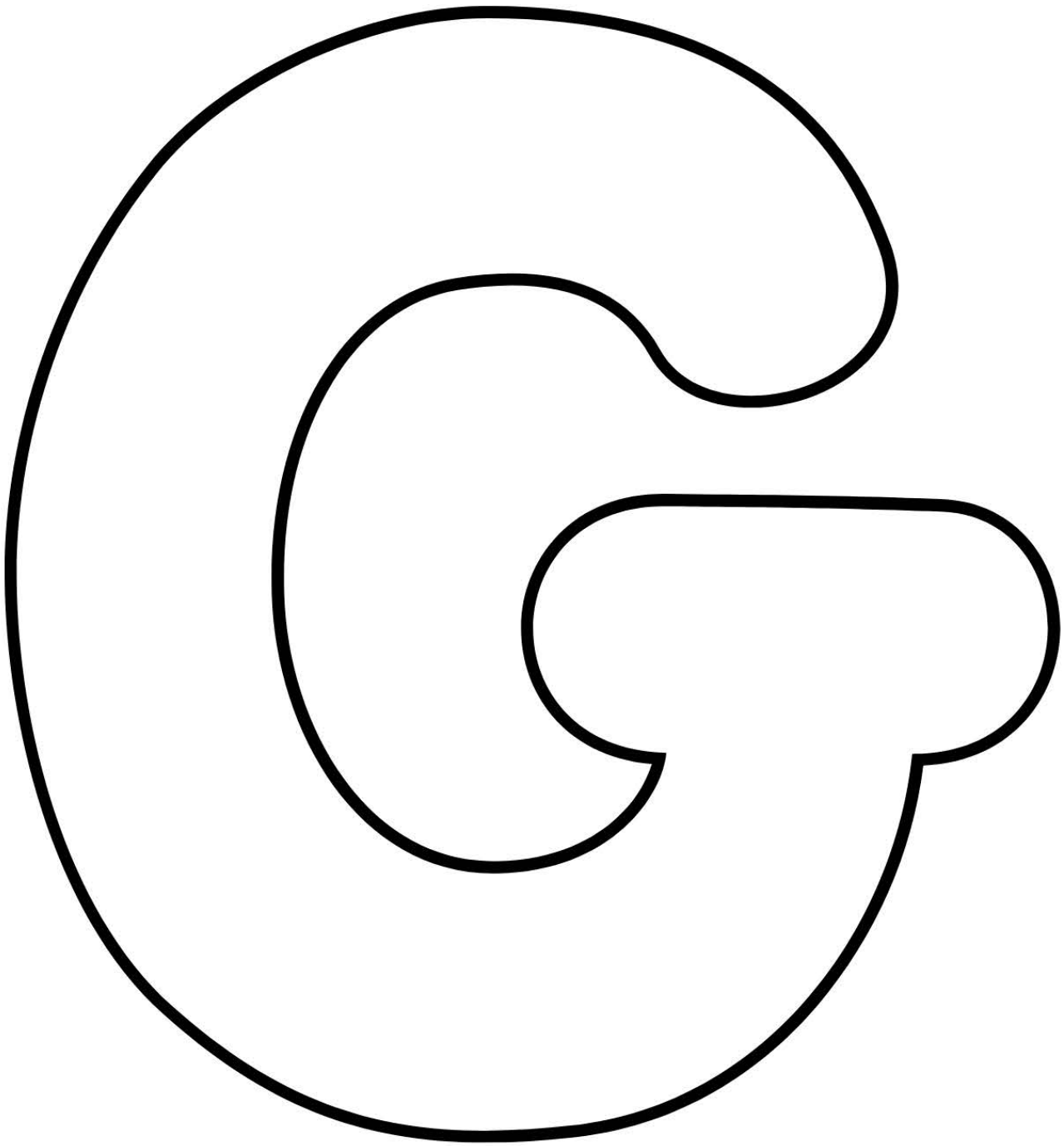

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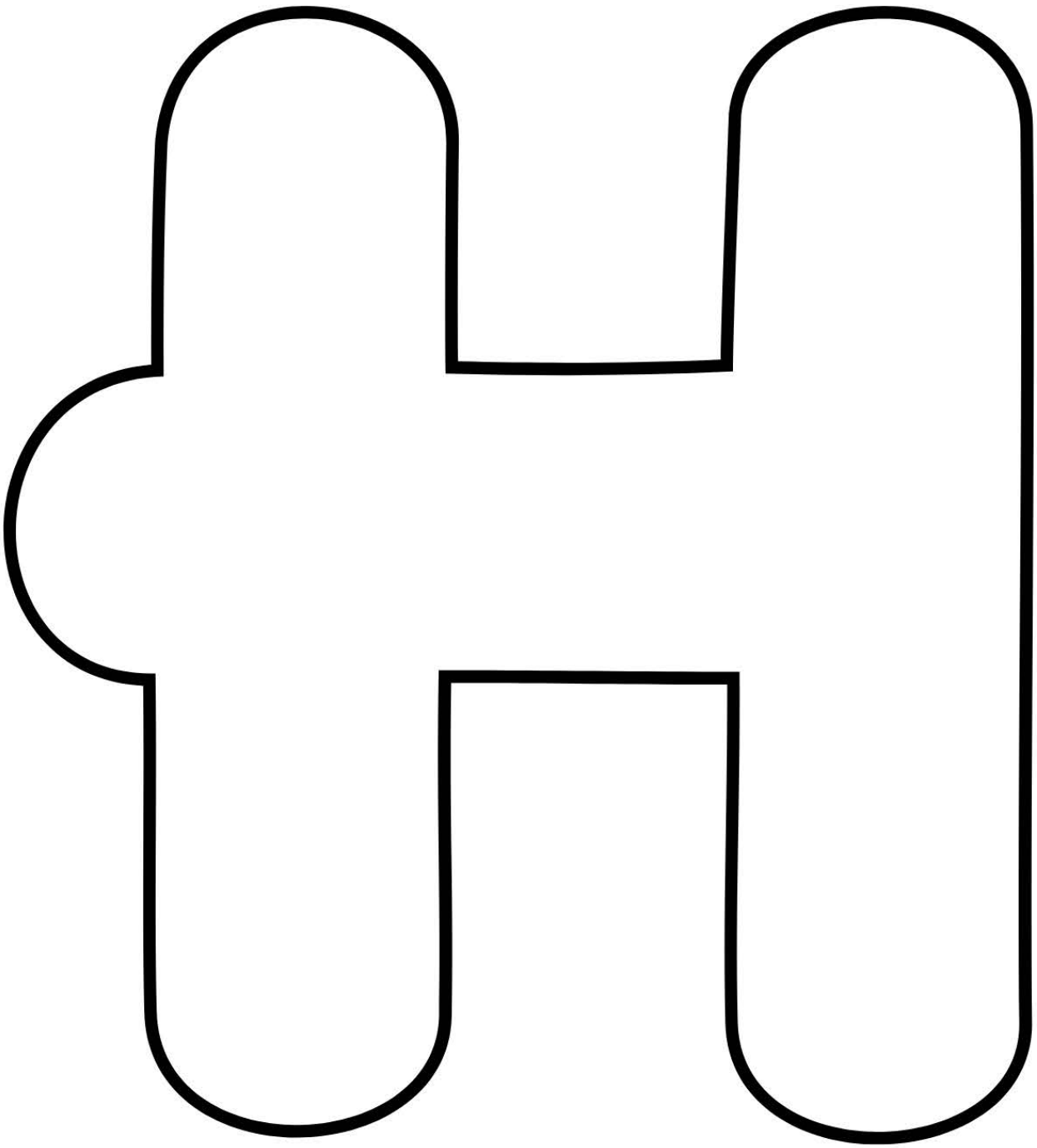

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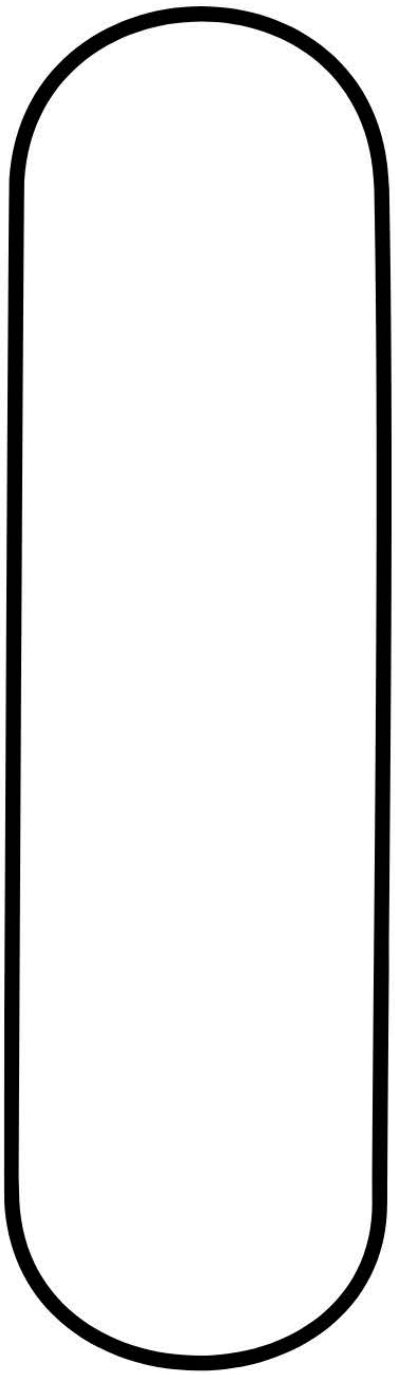

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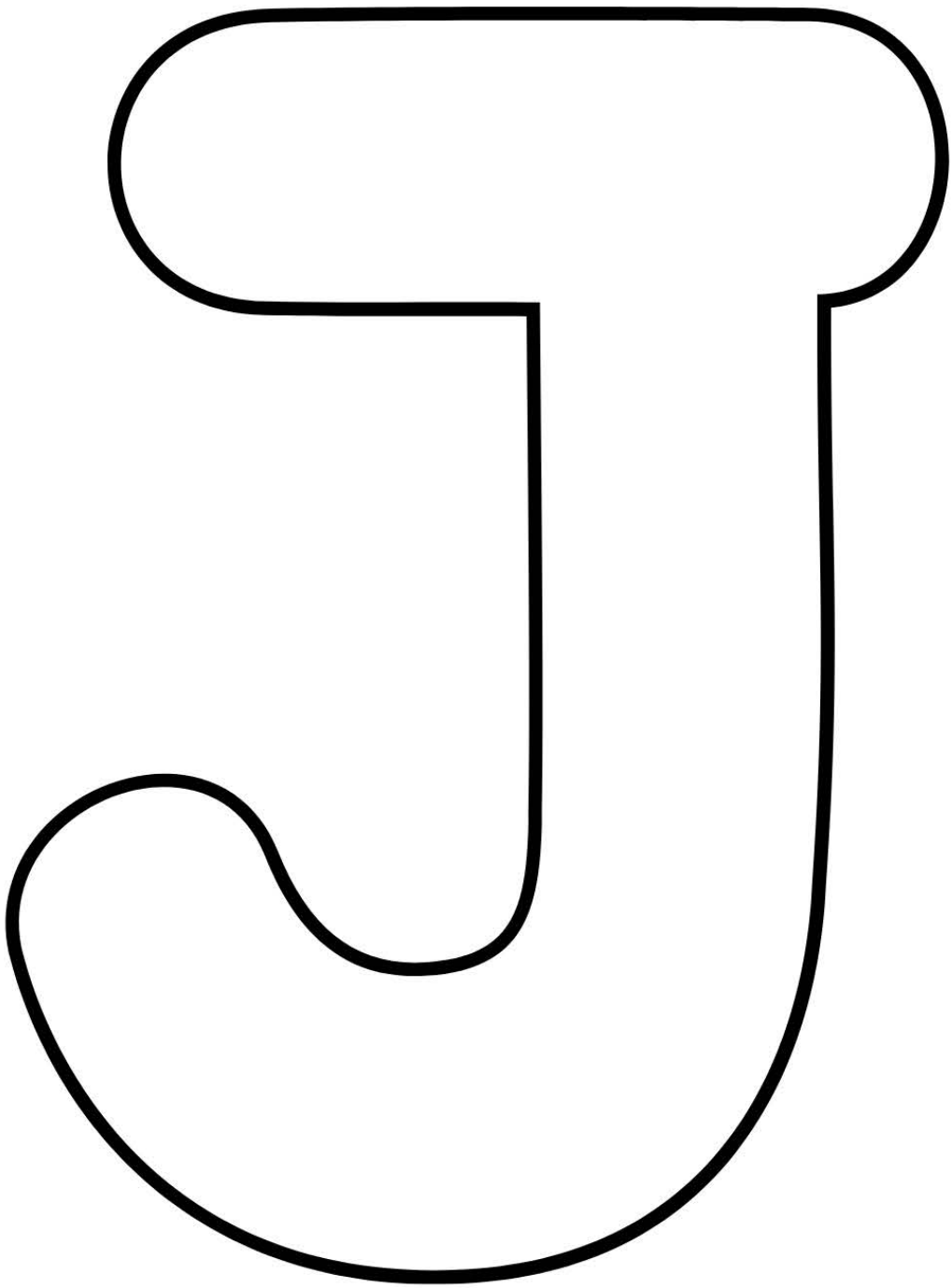

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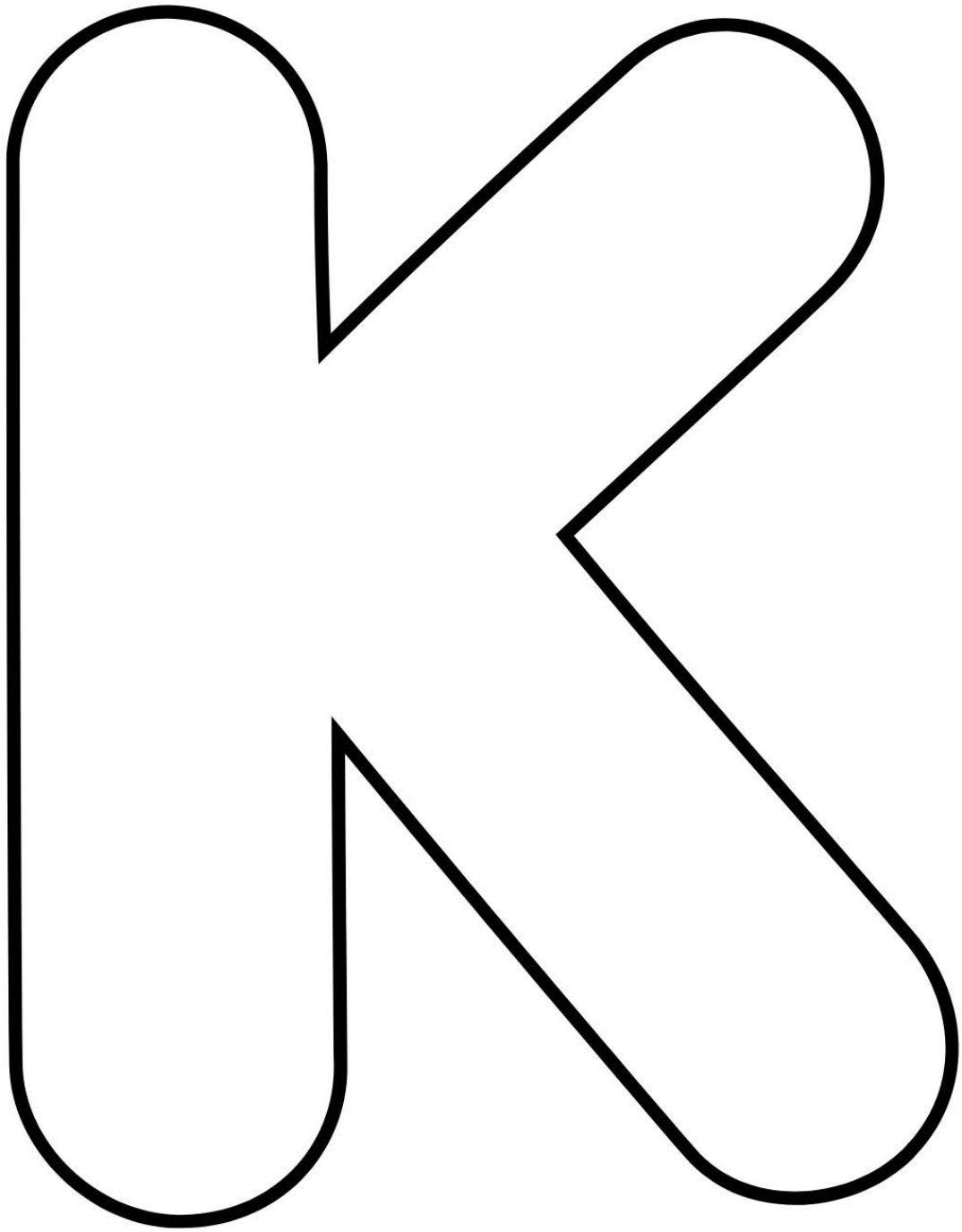

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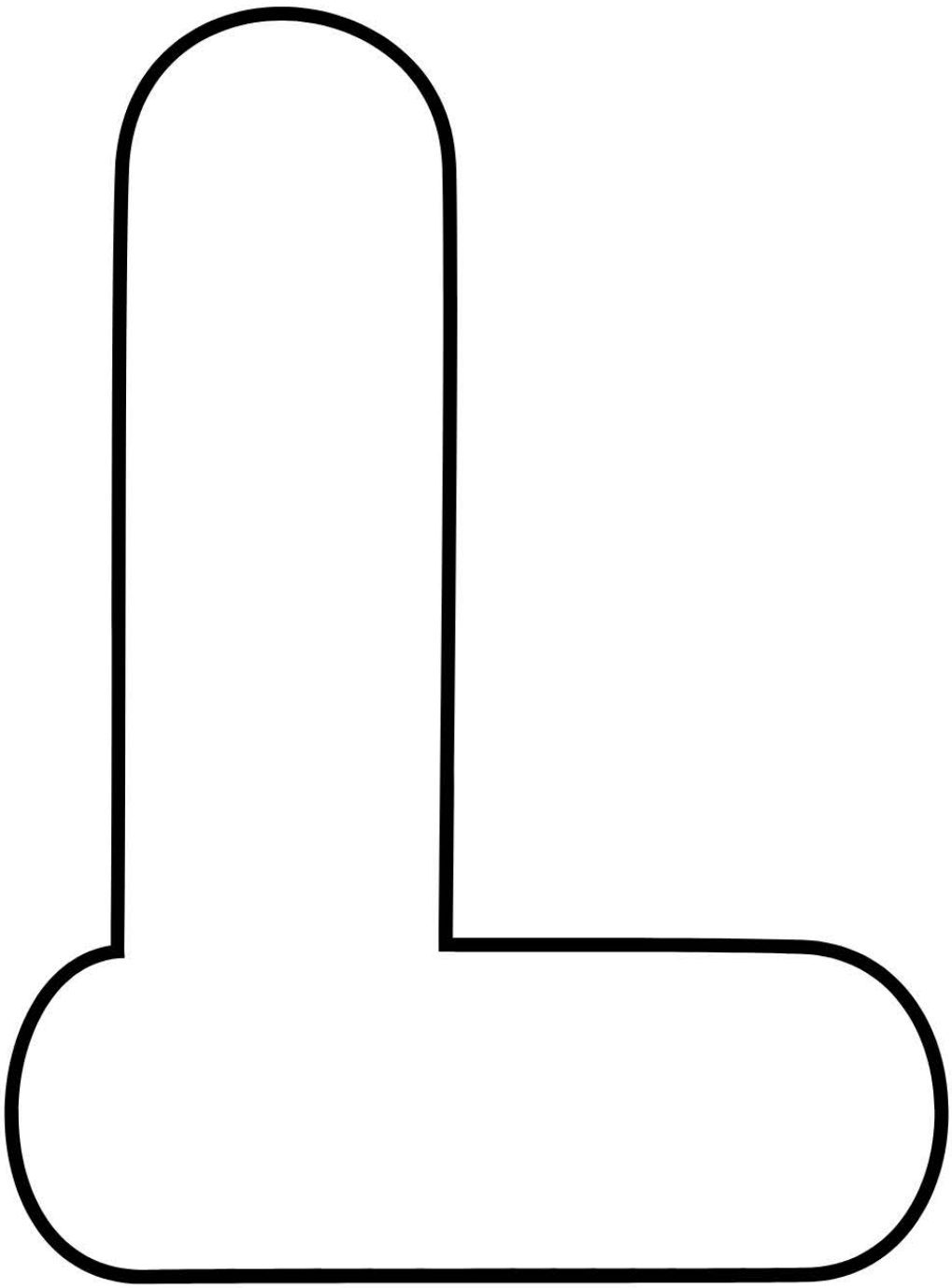

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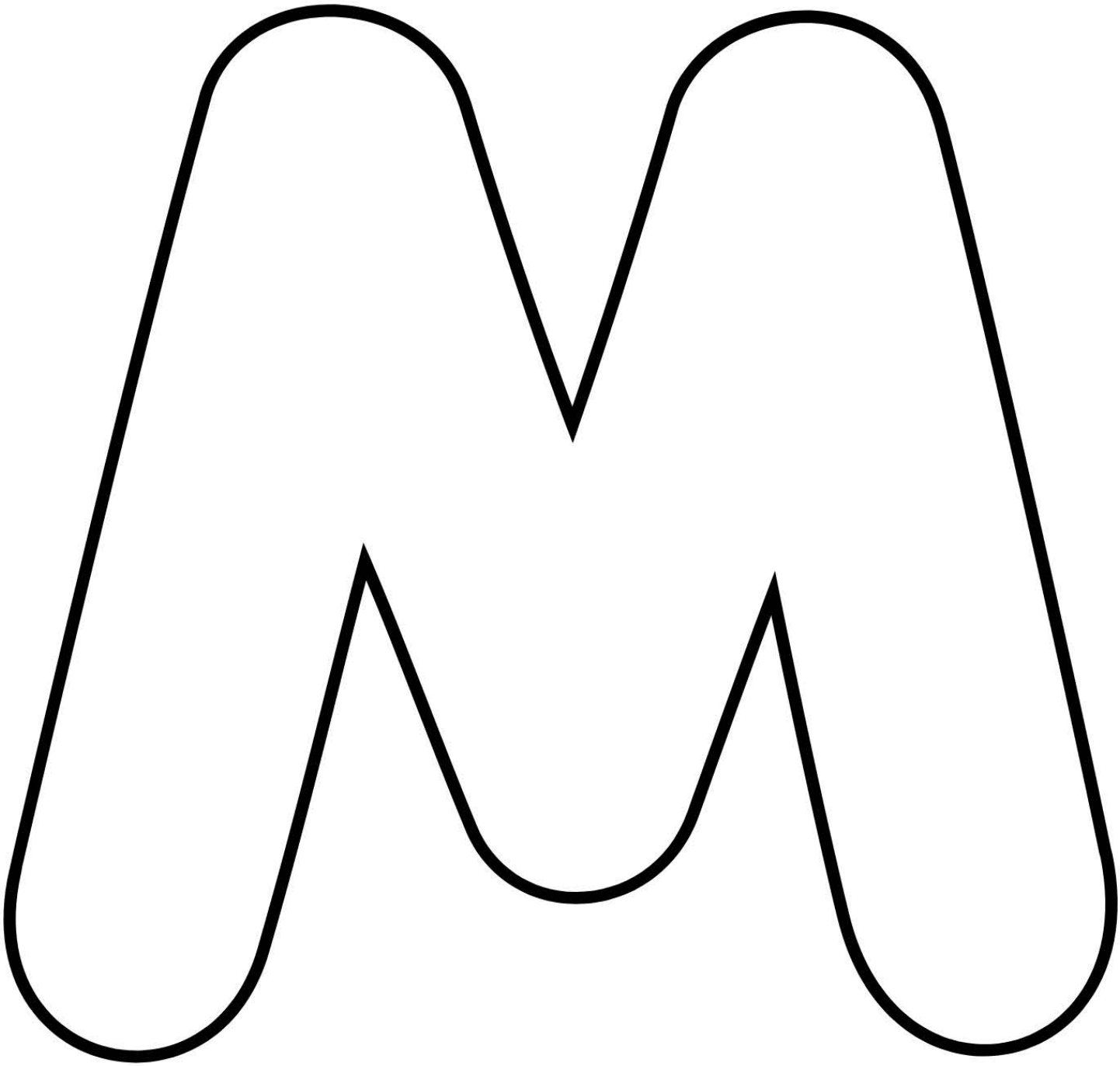

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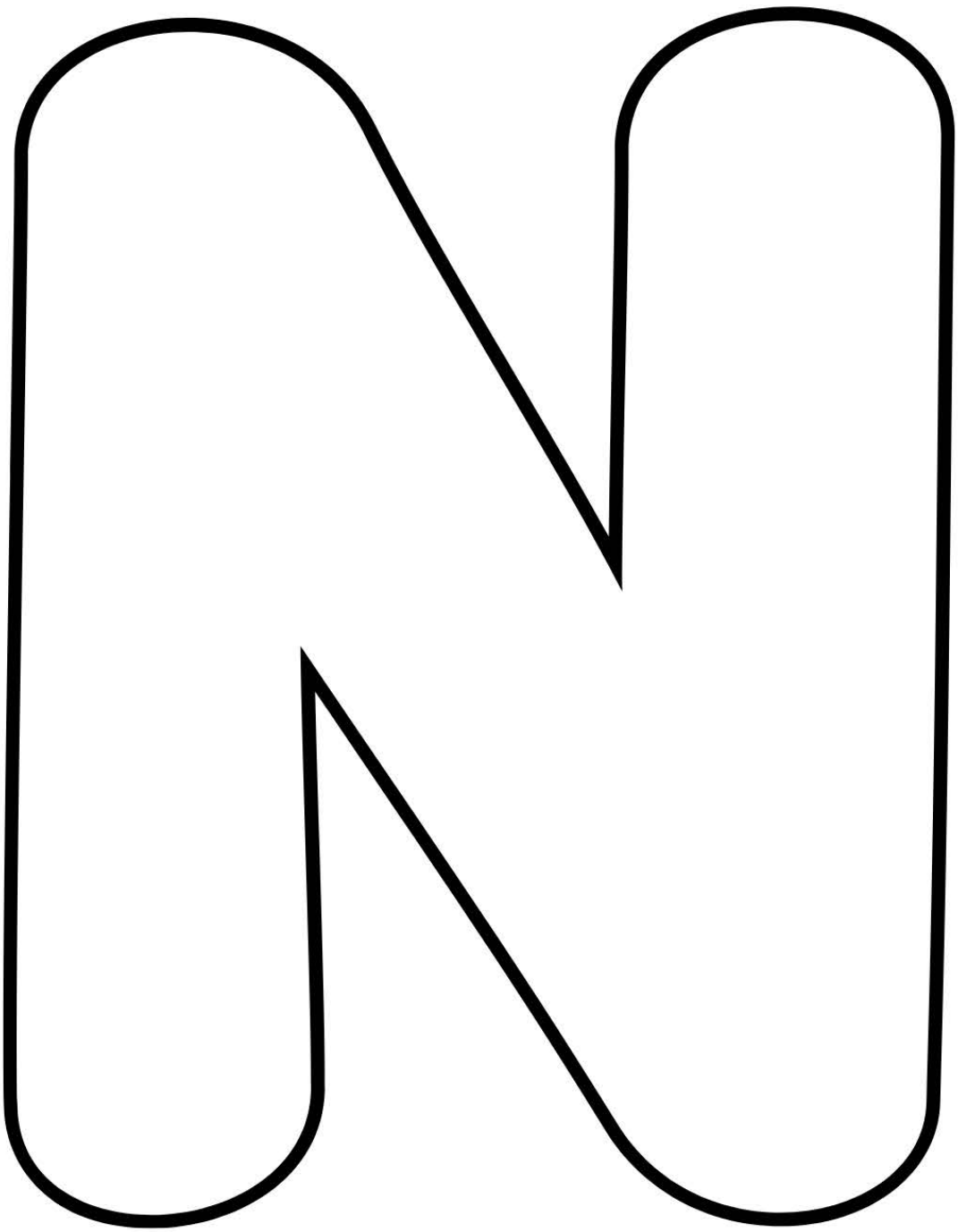

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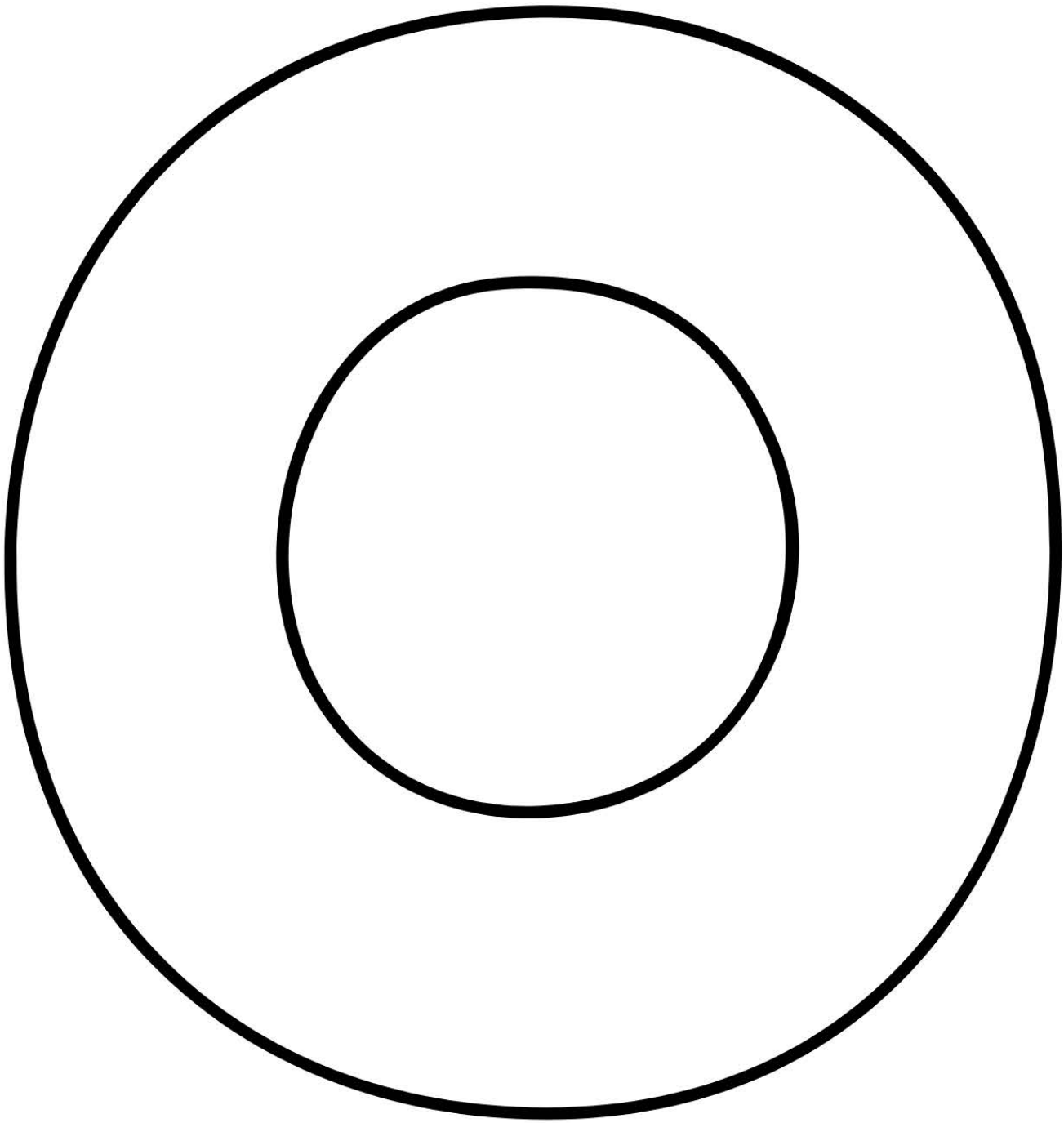

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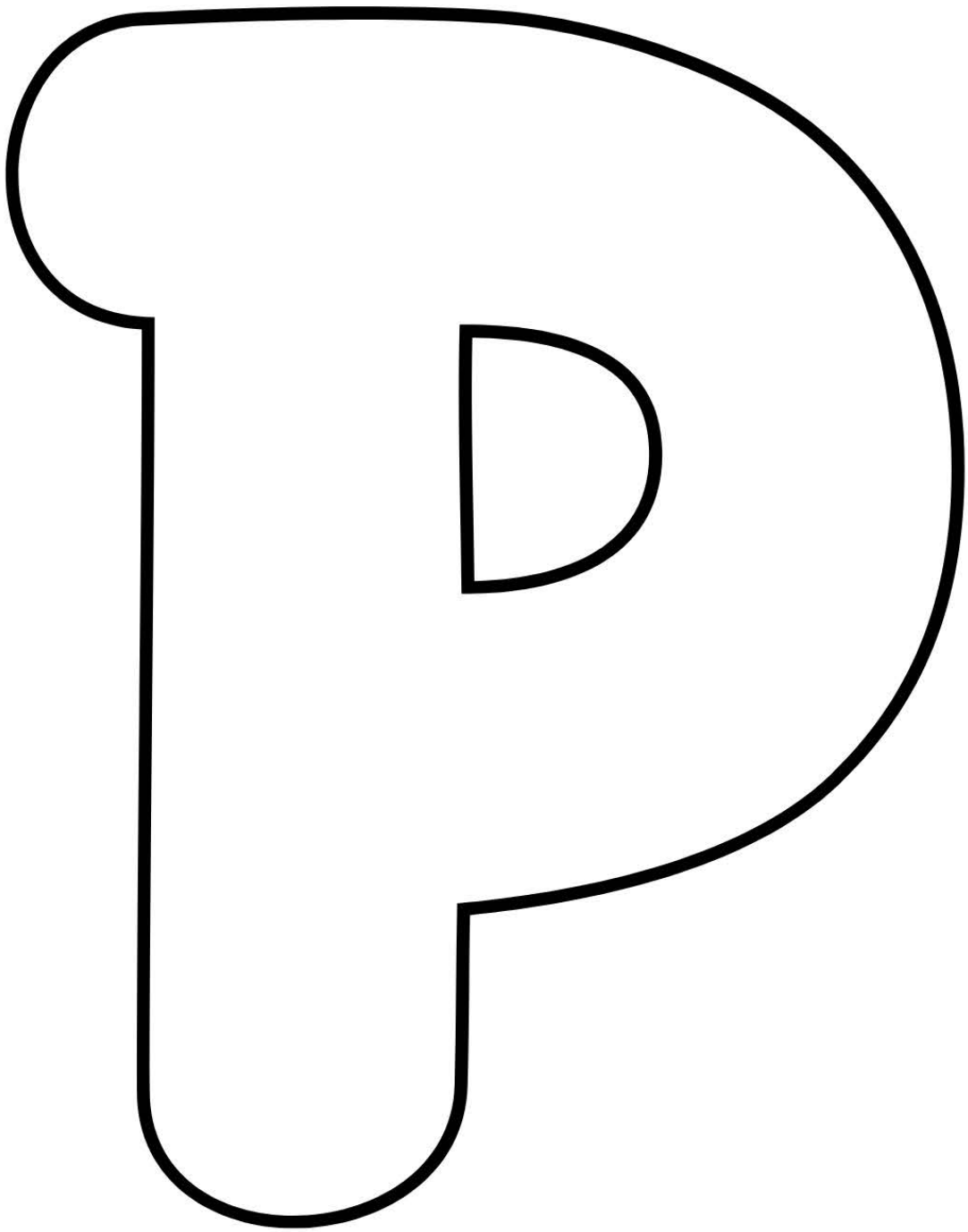

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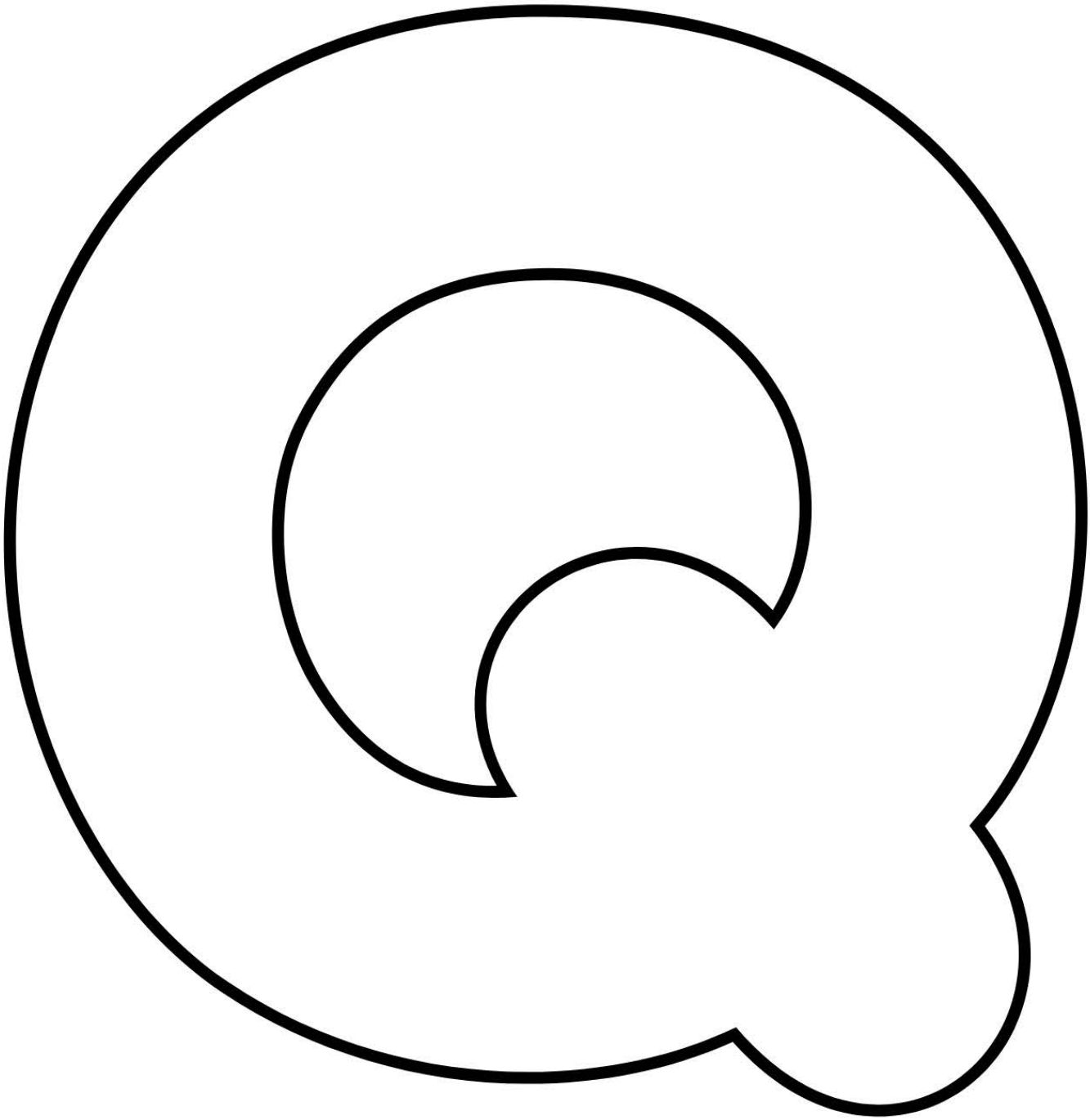

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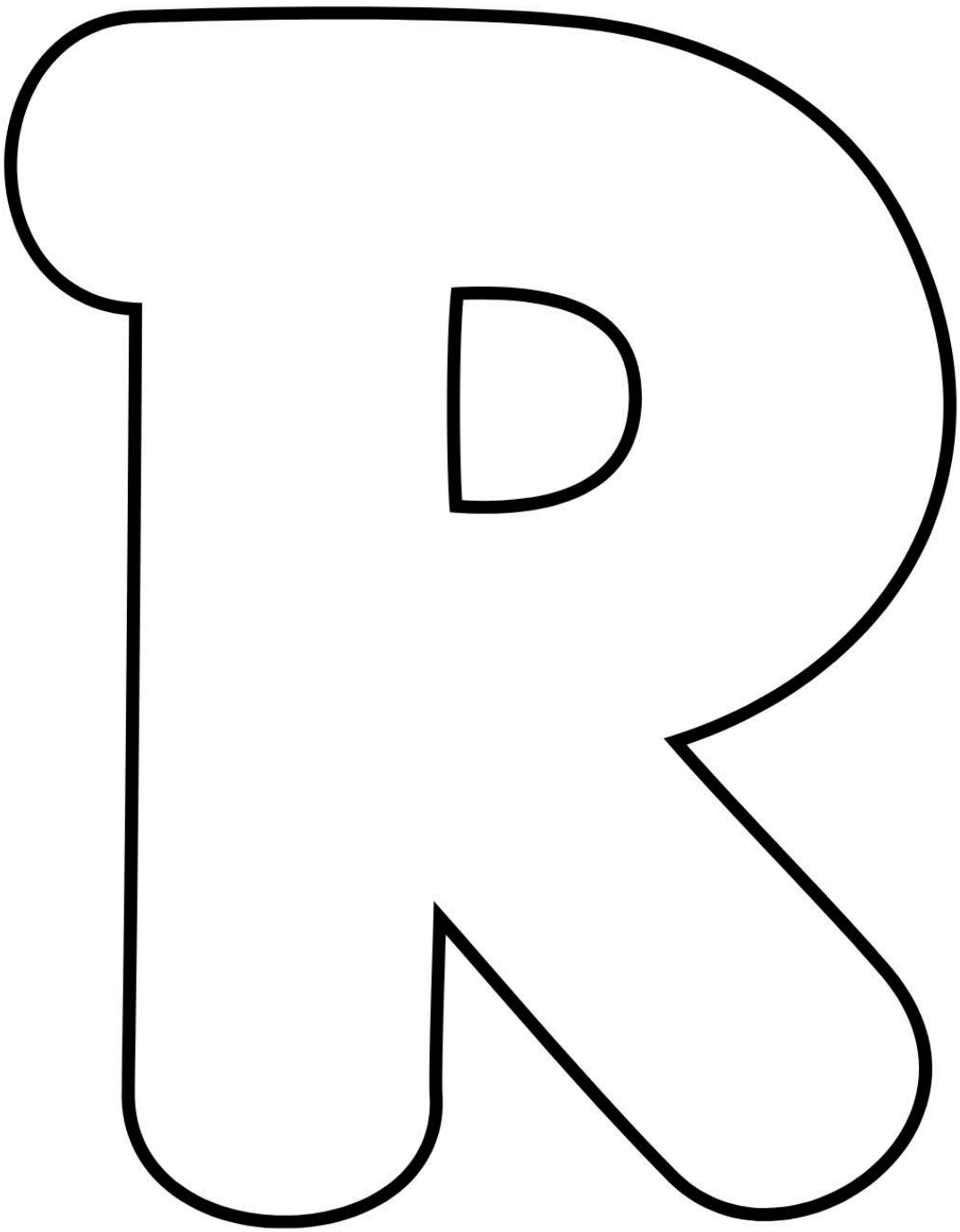

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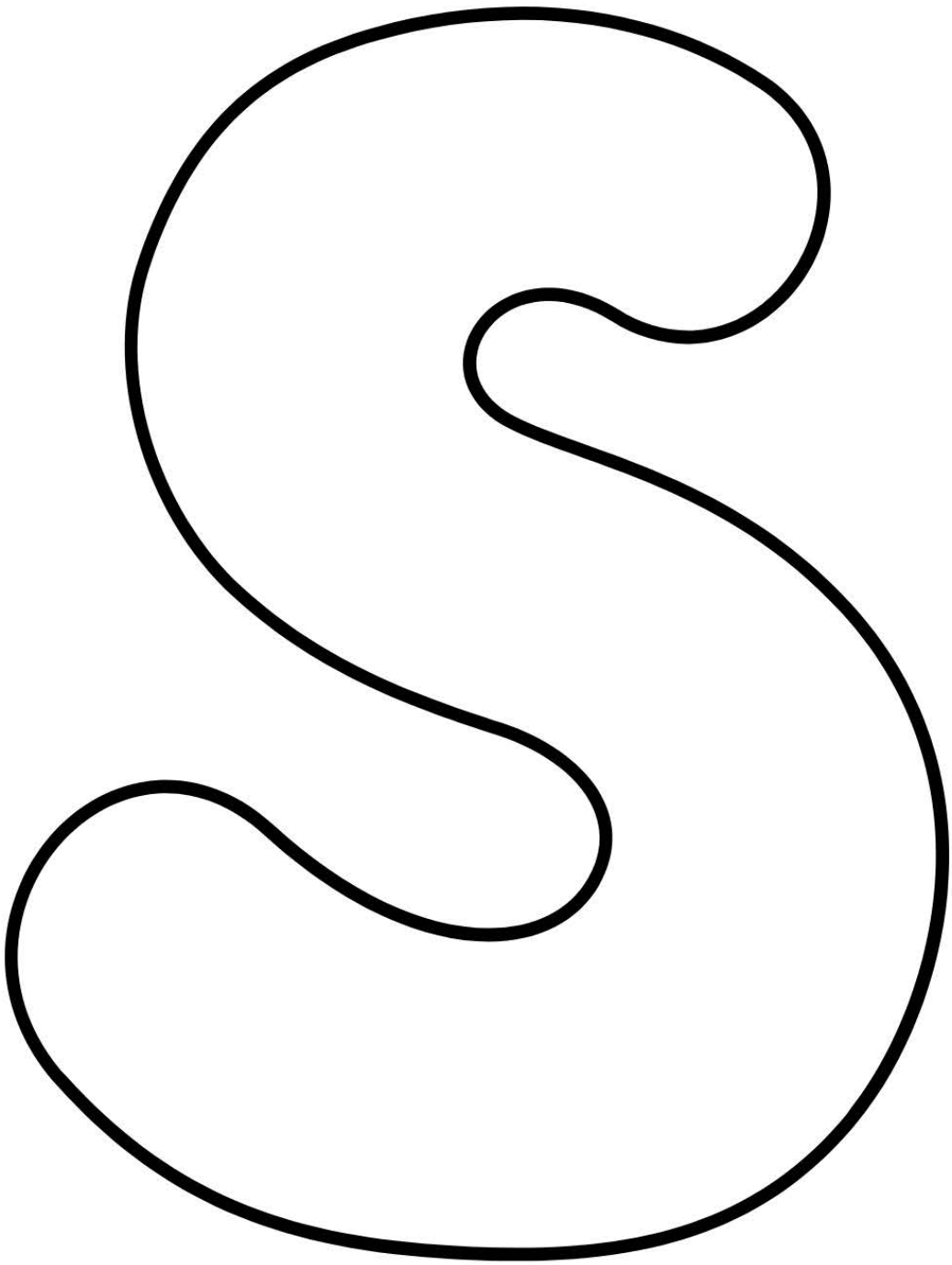

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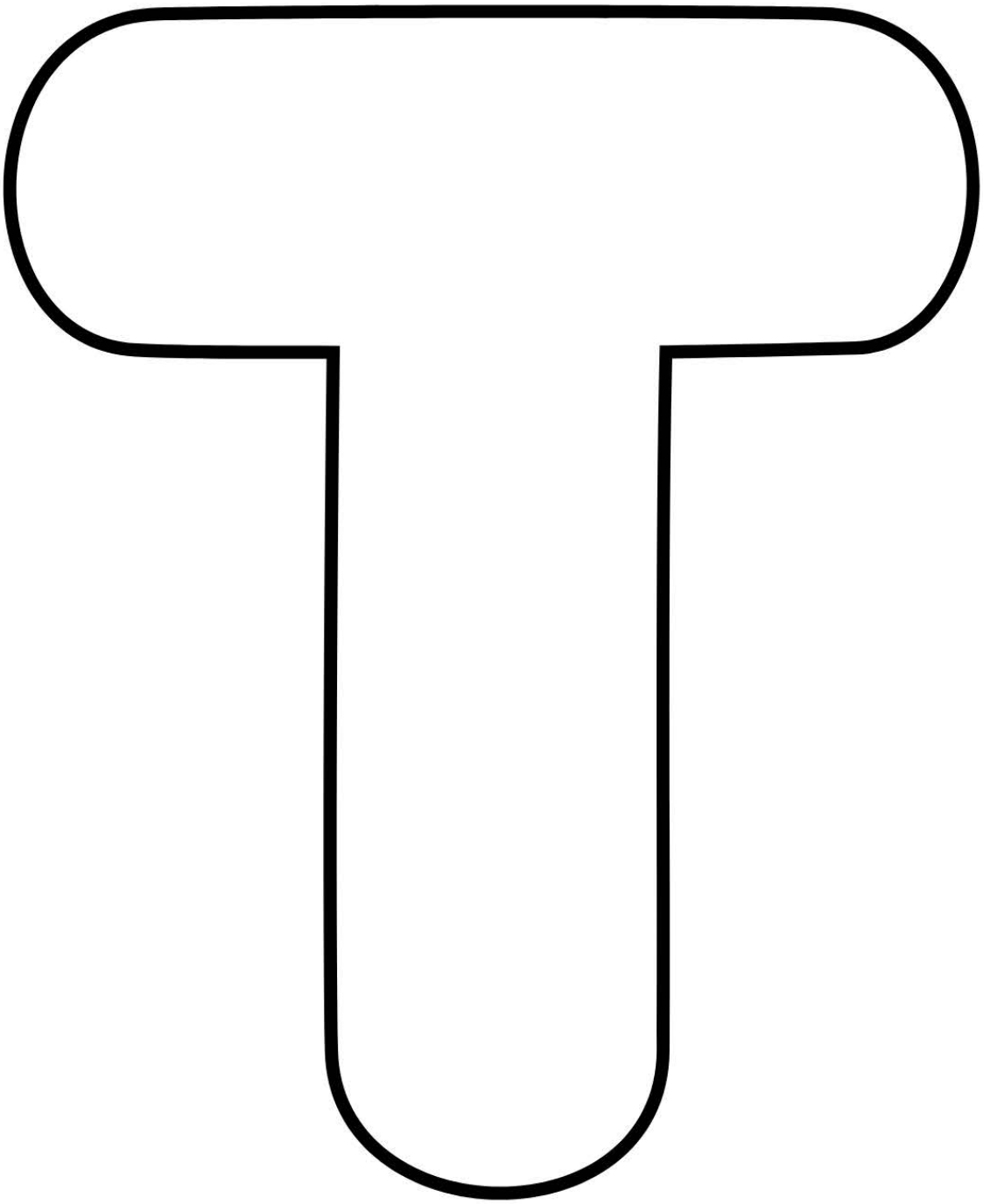

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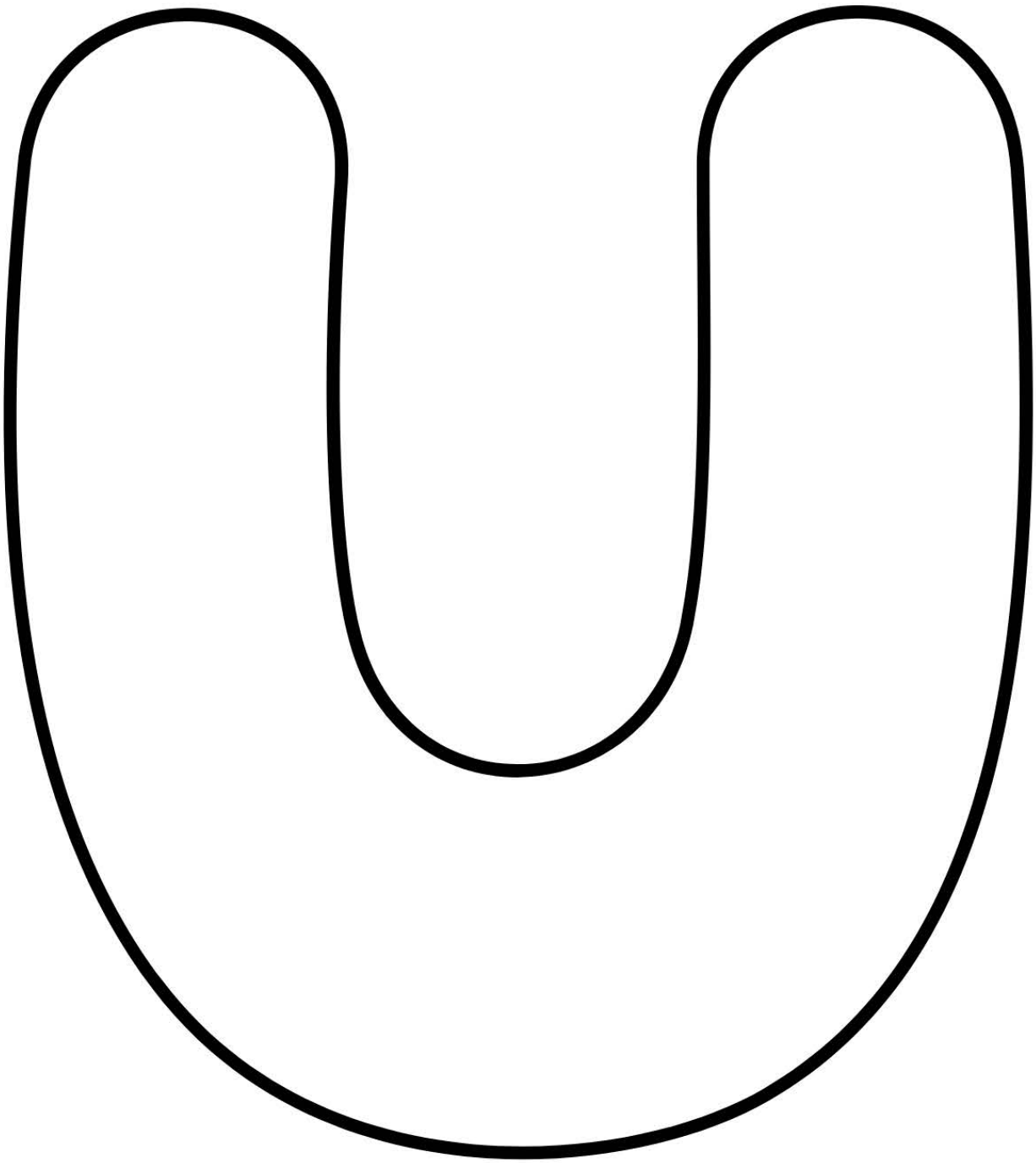

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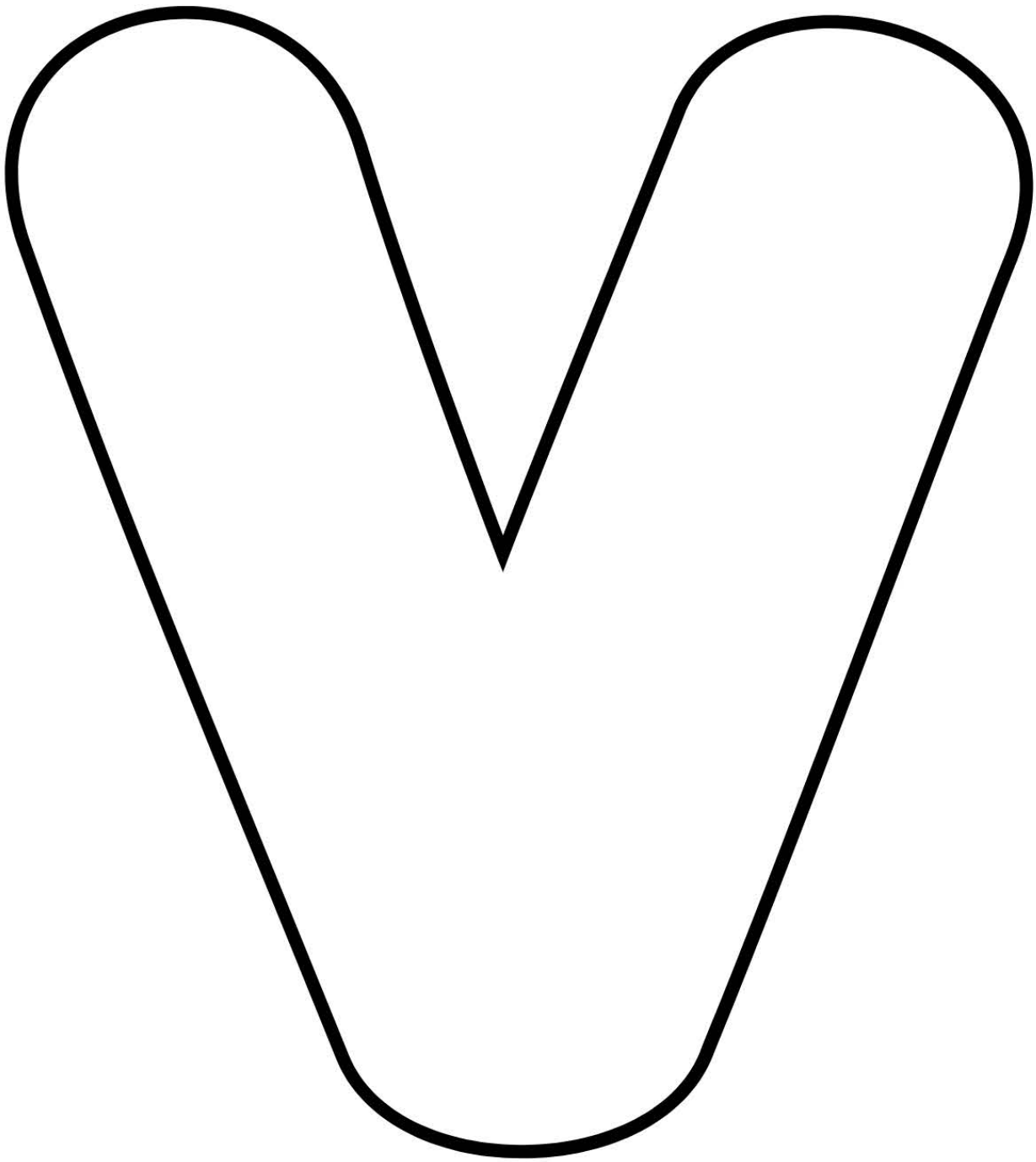

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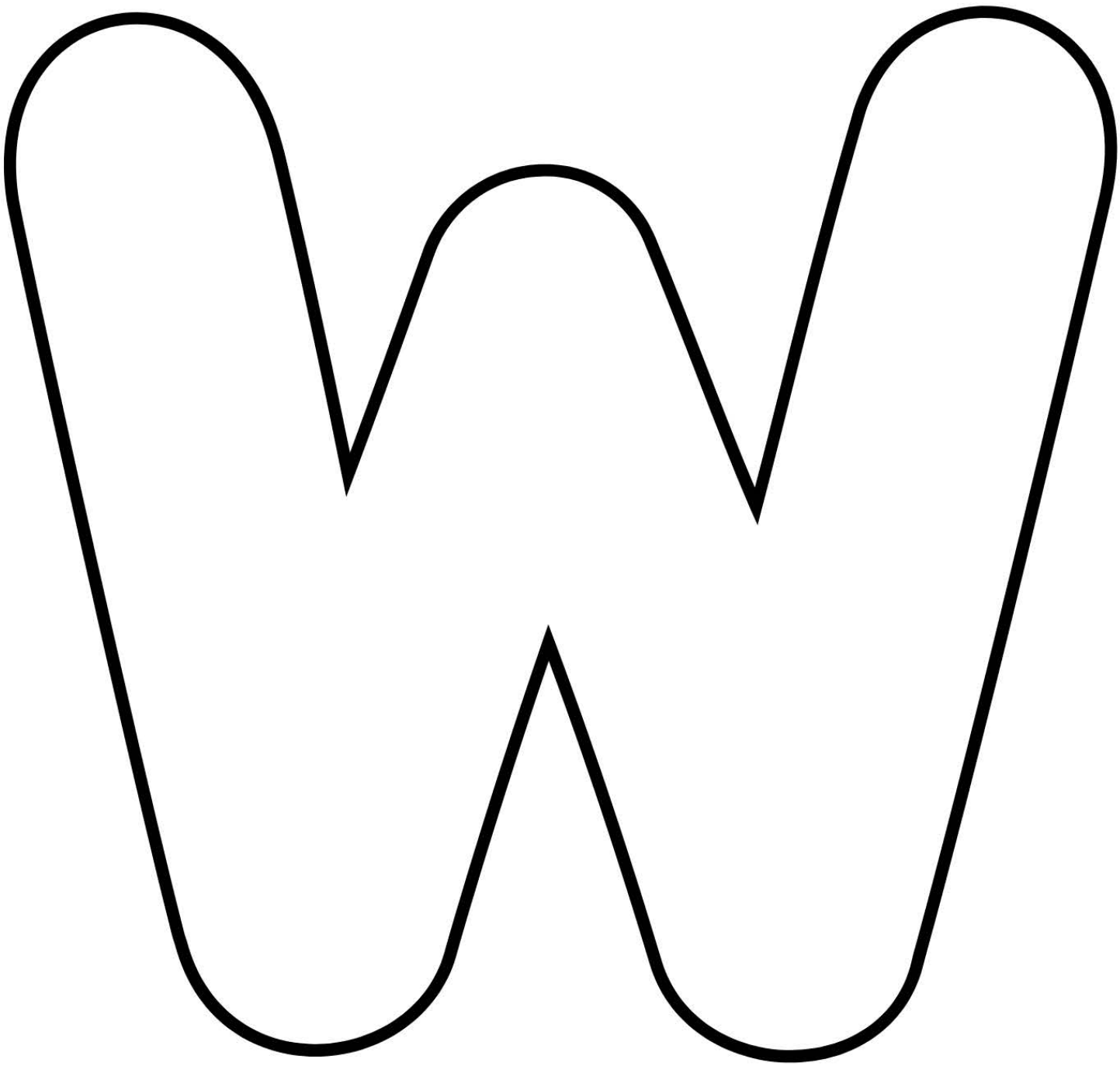

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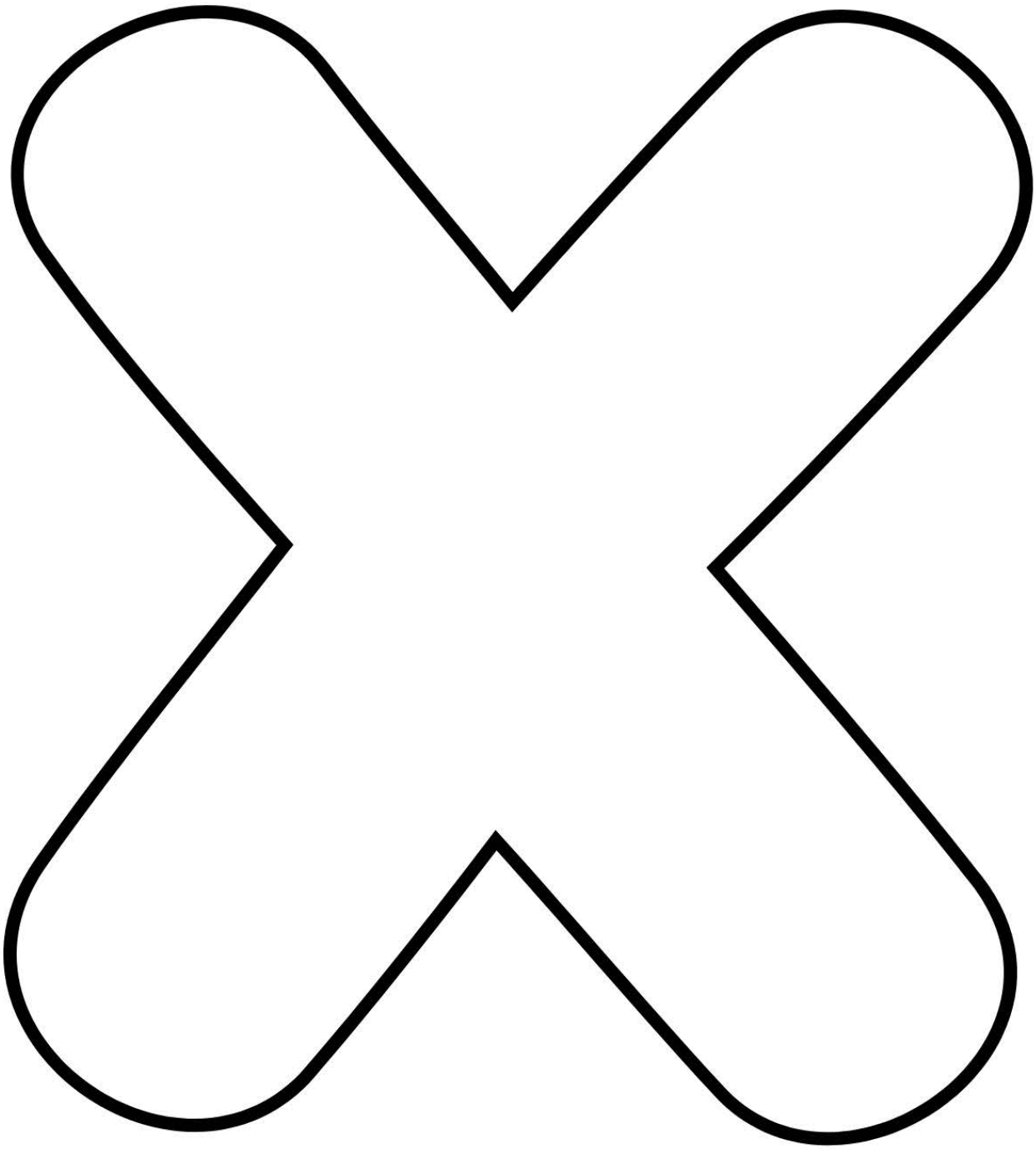

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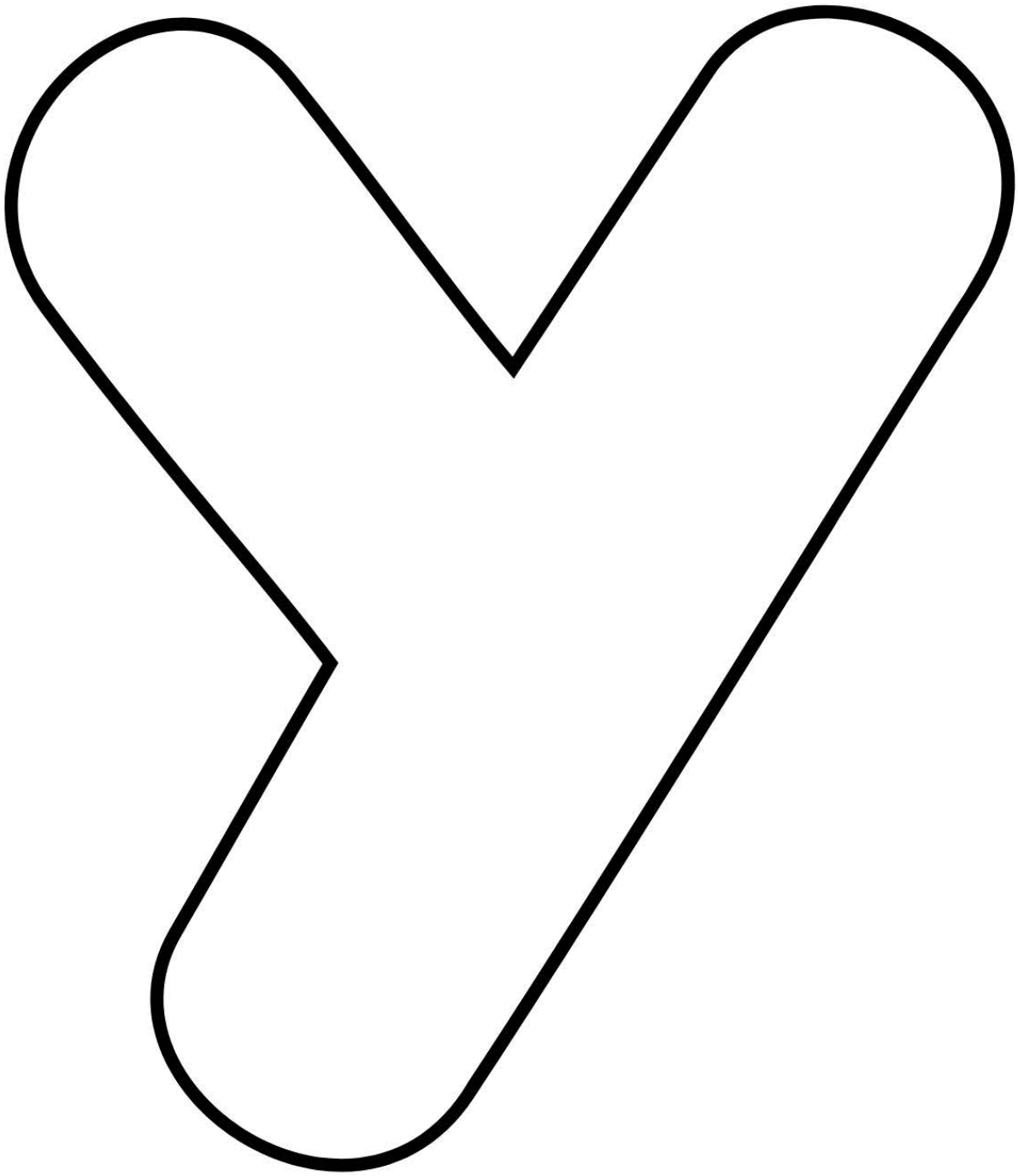

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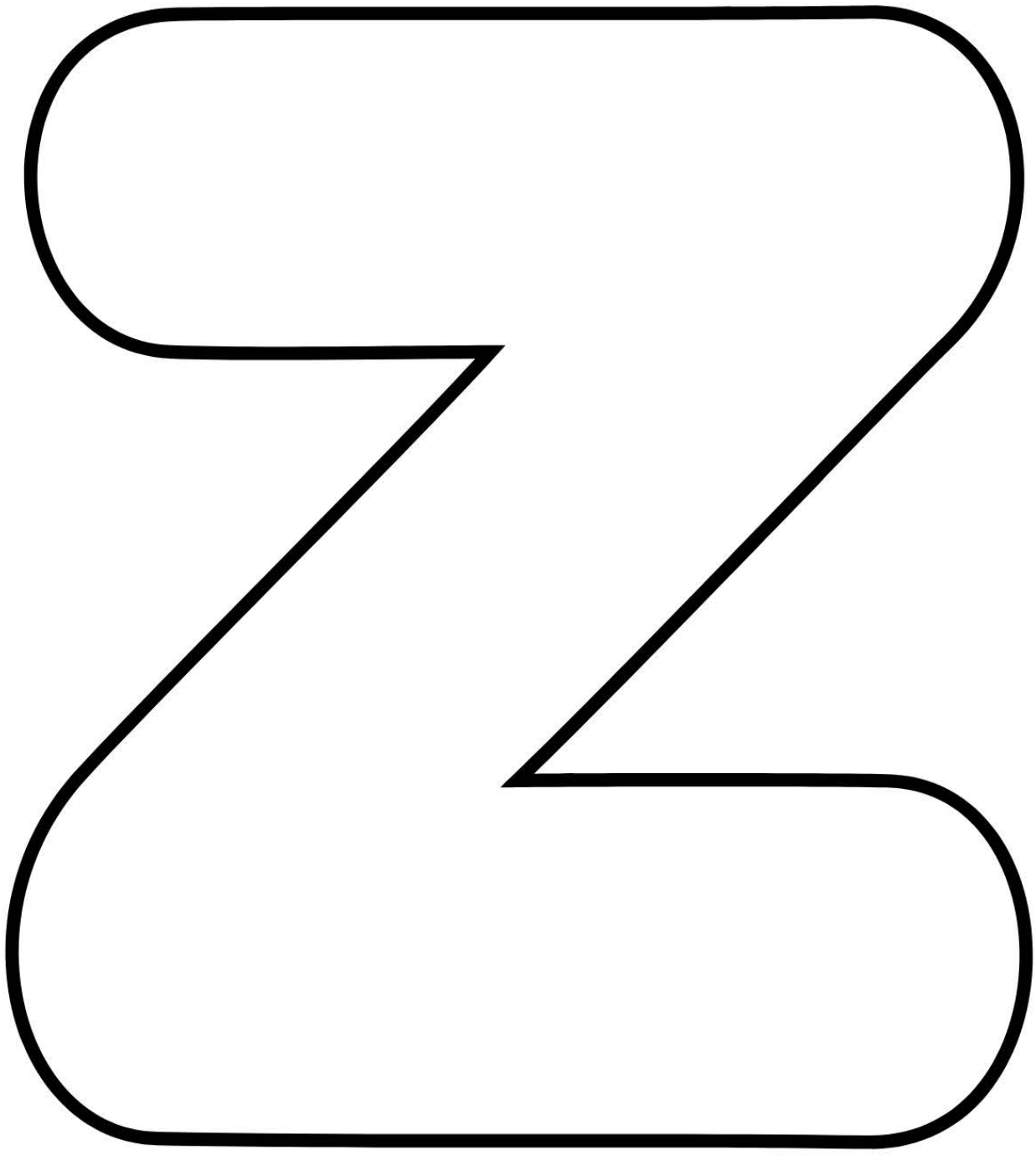
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